

Checklist for young parents who are care leavers



These questions can help you to think about whether you are getting the right support to work with children's services and keep your child safely in your care.

01

Does my child's social worker understand the help that my pathway plans says I should get?

05

Is my personal adviser being sent information about key meetings that are taking place about my child?

02

Have I been told how information in my own care file and my pathway plan will be used when decisions and plans are being made for my child?

06

How can my personal adviser best support me before, during and after meetings with my child's social worker?

03

Is there anything in my pathway plan that should be happening but isn't?

07

Is there help that could be included in my pathway plan that would make it easier for me to do the things my child's social worker is asking me to do?

04

Does my pathway plan help me do the things that I am being asked to do as part of the plans for my child?

08

Could an **advocate** or other supporter help me in meetings with my child's social worker?